

Outside Service Contract Information

Booster clubs often request information regarding additional options for fitness training during the offseason. Boosters are encouraged to explore all options regarding these services. Bethel Park School District does not endorse one company over the other however, we do recommend that you contact several sources for services and quotes prior to selection. If you plan to use school facilities for these trainings, a Facility Request Form and an Outside Services Request Form must be completed.

Power Train Sports Institute

Contact: Bryan Stefanik

Telephone: 714-514-6178

Email: bryan@powertrainsi.com

Website: www.powertrainsports.com

Iron City Elite Strength and Conditioning

Contact: Jeremy Smith or Dan Knorr

Telephone: 412-561-4766

Email: Jeremy@ironcityelite.com or

Dan.knorr@ironcityelite.com

Website: www.ironcityelite.com

Strength, Fitness and Speed Inc.

Contact: Ed Wietholder

Telephone: 412-653-7970

Website: www.strengthfitnessandspeed.com

Bethel Park Athletic Trainer

Contact: Bob Smith

Telephone: 724-413-6697

Email: smith.bob@bphawks.org

Elite Performance Solutions, LLC

Contact: Jason Metz

Telephone: 412-216-3741

Email: eliteperformancesolutions@yahoo.com

St. Clair Fitness

Contact: Josh McIntyre, Eric Dobis

Telephone: (412) 636-6491

Email: josh@stclairfitness.com

Platinum Athletic Performance

Contact: Tyler Kubicek

Telephone: (724) 454-1665

Email: tk@path-performance.com

Evolution Sports Institute (ESI)

Contact: Anthony Cellitti

Telephone: 724-681-0005

Email: cellitti8180@comcast.net

E.T.H.I.C. Training

Contact: Darnell Dinkins

Telephone: 412-713-4550

Website: www.dinkinsethictraining.com