

April/May 2023



bp Middle School
Lunch Menu



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Chicken Nuggets with Pretzel Stick
Cheese or Pepperoni Pizza



Some of the items that may be offered: Vegetable Garden Salad
Ham or Turkey Salad w/ Roll
Chef's Salad w/ roll
Greek Salad w/ Roll

Strawberry Spinach Salad w/ Roll
Caprese Pasta Salad with Roll
Ham & Cheese Wrap or Turkey and Swiss on Baguette
Buffalo chicken Wrap
Taco Chicken Roll
Chicken Caesar Roll



Menu Subject to Change based on product availability.

Try SchoolCafe.com for menus and nutritional information

LUNCH PRICES:
Student \$2.90/\$3.70*
Reduced \$.40
Adult \$4.60*

Brandon Agostinelli - General Manager
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www.payforit.net for online payments
Paper check? Make payable to "BPSD Cafeteria Fund"

USDA is an equal opportunity provider and employer.

MONDAY 4/24/2023	TUESDAY 4/25/2023	WEDNESDAY 4/26/2023	THURSDAY 4/27/2023	FRIDAY 4/28/2023
Choice of fresh baked pizza!!! Choices may include hand tossed*, deep dish*, French bread, flat bread, and Pepperoni Roll*.				
PIZZA EXPRESS				
<p>Entrée Pasta Bar-Chicken or Meatballs Alfredo or Marinara over penne Or Meatball Hoagie FEATURED VEGGIES Oven Fries Green beans Choice of Fruit Choice of Milk</p> <p>5/1/2023</p>	<p>Entrée Taco Pizza or Walking Taco FEATURED VEGGIES Steamed Golden Corn Side Salad Choice of Fruit Choice of Milk</p> <p>5/2/2023</p>	<p>Entrée Chicken Tenders W/Roll or General Tso Chicken over rice* FEATURED VEGGIES Rice Oriental Vegetable Choice of Fruit Choice of Milk</p> <p>5/3/2023</p>	<p>Entrée Hawk Burger - Bacon * Cheeseburger on a Keiser Bun or Popcorn Chicken Bowl W/Roll FEATURED VEGGIES Mashed Potatoes W Gravy Cole slaw Choice of Fruit Choice of Milk</p> <p>5/4/2023</p>	<p>Entrée Fresh Baked Pepperoni Roll* with Marinara Dipping Sauce Or Hot Dog Bar FEATURED VEGGIES BBQ Baked Beans Sliced Cucumber Choice of Fruit Choice of Milk</p> <p>5/5/2023</p>
Chicken Central				
<p>Entrée Chicken Parmesan Over Pasta Or Italian Dunker W/Dipping Sauce FEATURED VEGGIES Oven Fries Green Beans Choice of Fruit Choice of Milk</p> <p>5/8/2023</p>	<p>Entrée Buffalo Chicken Dip Over Tortilla Chios or Nachos Grande FEATURED VEGGIES Steamed Golden Corn Celery Sticks Choice of Fruit Choice of Milk</p> <p>5/9/2023</p>	<p>Entrée Mini Corn Dogs or Steak & Cheese Hoagie FEATURED VEGGIES Mixed Veggies Chick Pea Salad Choice of Fruit Choice of Milk</p> <p>5/10/2023</p>	<p>Entrée Mac N Cheese Bowl Classic Sauce or Caiun Broccoli Soft Pretzel Roll FEATURED VEGGIES Hash Browns Baby Carrots Choice of Fruit Choice of Milk</p> <p>5/11/2023</p>	<p>Entrée Toasted Cheese Sandwich or Fish Sticks W/Roll FEATURED VEGGIES Broccoli Salad French Fries Choice of Fruit Choice of Milk</p> <p>5/12/2023</p>
Check out our Chef Fresh Items!! Fresh made salads, sandwiches, and warps to choose from.				
chef fresh fresh • made • goodness • to • go				
<p>Entrée Popcorn Chicken Bowl Popcorn Chicken or Roasted Turkey FEATURED VEGGIES Mashed Potatoes W/Gravy Sweet Corn Choice of Fruit Choice of Milk</p> <p>5/15/2023</p>	<p>Entrée Nacho Bar Taco Beef or Chicken Nacho Cheese or Queso Fresh Pico FEATURED VEGGIES Salsa Black Beans Choice of Fruit Choice of Milk</p> <p>5/16/2023</p>	<p>Entrée Toasted Italian Hoagie or General Tso Chicken over rice* FEATURED VEGGIES Mandarin Oranges Oriental Vegetable Choice of Fruit Choice of Milk</p> <p>5/17/2023</p>	<p>Entrée Deli Wraps* Choice of Grilled Chicken, Buffalo, Crispy Assorted Toppings & Sauces FEATURED VEGGIES Broccoli Salad Fries Choice of Fruit Choice of Milk</p> <p>5/18/2023</p>	<p>Entrée Pierogis or Fresh Baked Pepperoni Roll* with Marinara Dipping Sauce FEATURED VEGGIES Red Pepper Strips Chickpea Salad Choice of Fruit Choice of Milk</p> <p>5/19/2023</p>
Choice of fresh baked pizza!!! Choices may include hand tossed*, deep dish*, French bread, flat bread, and Pepperoni Roll*.				
PIZZA EXPRESS				
<p>Entrée Pasta Bar-Chicken or Meatballs Alfredo or Marinara over penne or Hot Ham & Cheese Pretzel FEATURED VEGGIES Steamed Cauliflower Tomato & Mozzarella Salad Choice of Fruit Choice of Milk</p> <p>5/22/2023</p>	<p>No School</p> <p>5/23/2023</p>	<p>Entrée County Fair Corn Dog or Chicken Nuggets W/Buttered Noodles FEATURED VEGGIES Fries Sliced Cucumbers Choice of Fruit Choice of Milk</p> <p>5/24/2023</p>	<p>Entrée Texas Toast Grilled Cheese or Meatball Hoagie W/ Mozzarella Cheese FEATURED VEGGIES Green Beans Tomato Soup Choice of Fruit Choice of Milk</p> <p>5/25/2023</p>	<p>Entrée Italian Dunkers W Dipping Sauce or Max Sticks FEATURED VEGGIES Roasted Broccoli Carrot Sticks Choice of Fruit Choice of Milk</p> <p>5/26/2023</p>
Chicken Central				
<p>Entrée Pasta & Meatballs or Meatball Sub W/Mozzarella Cheese FEATURED VEGGIES Side Salad Glazed Carrots Choice of Fruit Choice of Milk</p> <p>5/29/2023</p>	<p>Entrée Walking Taco or Chicken Enchilada FEATURED VEGGIES Black Beans Fresh Pico De Gallo Choice of Fruit Choice of Milk</p> <p>5/30/2023</p>	<p>Entrée Asian Chicken over rice* or French Toast Sticks w/Sausage FEATURED VEGGIES Broccoli Pepper Strips Choice of Fruit Choice of Milk</p> <p>5/31/2023</p>	<p>Entrée Macaroni & Cheese or Hawk Burger - Bacon * Cheeseburger on a Keiser Bun FEATURED VEGGIES Oven Fries Coleslaw Choice of Fruit Choice of Milk</p> <p>5/31/2023</p>	<p>Entrée Fresh Baked Pepperoni Roll* with Marinara Dipping Sauce or Popcorn Chicken FEATURED VEGGIES Green Beans Baby Carrots Choice of Fruit Choice of Milk</p> <p>5/31/2023</p>
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<p>No School</p> <p>5/30/2023</p>	<p>Entrée Spicy Chicken Quesadilla or Nachos Grande FEATURED VEGGIES Apple Cider Slaw Black Beans Choice of Fruit Choice of Milk</p> <p>5/30/2023</p>	<p>Entrée Tater Tot Bowl Seasoned Steak or Buffalo Chicken Nacho Cheese Spicy Ranch FEATURED VEGGIES Green Beans Side Caesar Salad Choice of Fruit Choice of Milk</p> <p>5/30/2023</p>		