

MAY/JUNE 2019



BETHEL PARK SCHOOL DISTRICT ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white fat-free chocolate, strawberry or vanilla

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options include:

Chicken Patty Sandwich

Cheese Pizza

Sunbutter & jelly with

String Cheese & Goldfish crackers

Grilled Chicken Salad w/ roll

CRAVEABLE LUNCHES

Fruit & Yogurt Lunch w/Goldfish, String

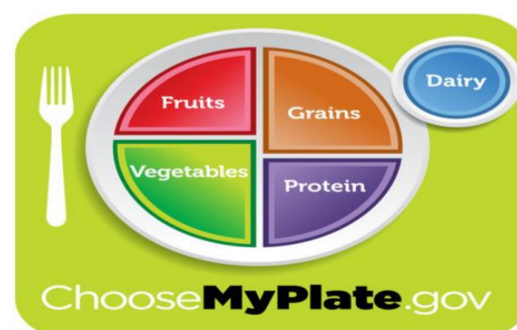
Cheese, & 100% Juice Box

Ham Coins & Cheddar Cheese or

Turkey Coins & Cheddar Cheese w/Goldfish,

Apple Slices, String Cheese &

100% Juice Box



Lunch Prices

Student \$2.45/\$3.00*Tier

Reduced \$.40

Adult \$3.70/\$4.00*Tier

Make checks payable: BPSD Café Fund

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www.PayForIt.net Online Payments

USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
4/29/2019 (1) MAX CHEESE STICKS w/pizza sauce (2) Breakfast Sandwich (3) Grilled Chicken Steamed Corn KID'S LOVE THEM! TRY A CRAVEABLE LUNCH	4/30/2019 (1) CHICKEN NUGGETS with a Dinner Roll (2) Hot Turkey & Cheese On a Croissant Steamed Carrots TRY A CRAVEABLE LUNCH	5/1/2019 (1) BIG DADDY'S PIZZA* Pizzeria style pizza (2) Chicken Fajita Steamed Broccoli TRY A CRAVEABLE LUNCH	5/2/2019 (1) Penne Pasta & Meat Sauce Bread Stick (1) TOASTED CHEESE Sandwich PICKLES, PICKLES Delicious Tomato Soup TRY A CRAVEABLE LUNCH	5/3/2019 (1) PEPPERONI ROLL* with Sauce Fresh dough, mozzarella cheese (2) Hot Dog Day ketchup or mustard Green Peas TRY A CRAVEABLE LUNCH
5/6/2019 (1) Confetti PANCAKES with Sausage Patties (2) CHICKEN NUGGETS with a Dinner Roll (3) Grilled Chicken Green Beans KID'S LOVE THEM! TRY A CRAVEABLE LUNCH	5/7/2019 A FAVORITE! (1) CRAVEABLE Pizza (2) NACHO GRANDE (3) BAKED POTATO Tomato & Onion Salsa Steamed Broccoli TRY A CRAVEABLE LUNCH	5/8/2019 (1) MACARONI & CHEESE Bread Stick Homemade not from a box! (2) MEATBALL HOAGIE Romaine Salad TRY A CRAVEABLE LUNCH	5/9/2019 (1) STUFFED CRUST PIZZA* from our oven to your plate (2) BREAKFAST SANDWICH Bagel (egg, sausage & cheese) Steamed Corn TRY A CRAVEABLE LUNCH	5/10/2019 (1) PEPPERONI ROLL* Fresh dough, mozzarella cheese (2) TOASTED CHEESE Sandwich Delicious Tomato Soup Curly Fries TRY A CRAVEABLE LUNCH
5/13/2019 (1) Mini Choc Chip French Toast WITH SAUSAGE PATTIES (2) CHICKEN TENDERS (3 EACH) with a Dinner Roll (3) Grilled Chicken Cucumber Slices KID'S LOVE THEM! TRY A CRAVEABLE LUNCH	5/14/2019 (1) WALKIN TACO (2) MINI CORN DOGS Steamed Broccoli TRY A CRAVEABLE LUNCH	5/15/2019 (1) FUNNEL CAKE w/Fruit topping & Sausage Patties STAWBERRIES/BLUEBERRIES WHIP CREAM (2) MACARONI & CHEESE with a Dinner Roll Green Beans TRY A CRAVEABLE LUNCH	5/16/2019 (1) Hot Turkey & Cheese On a Pretzel Roll (2) BIG DADDY'S PIZZA* Pizzeria style pizza Baby Carrots TRY A CRAVEABLE LUNCH	5/17/2019 (1) PEPPERONI ROLL* with Sauce (2) Hot Dog Day ketchup or mustard STEAMED CORN TRY A CRAVEABLE LUNCH
5/20/2019 (1) French Toast Sticks w/Sausage Patties (2) Popcorn Chicken with a Dinner Roll (3) Grilled Chicken Green Beans TRY A CRAVEABLE LUNCH	5/21/2019 ELECTION DAY NO SCHOOL TRY A CRAVEABLE LUNCH	5/22/2019 (1) General Tso Chicken (2) TACO PIZZA* Steamed Rice Steamed Broccoli TRY A CRAVEABLE LUNCH	5/23/2019 Have a Picnic Lunch? (1) HAMBURGER OR CHEESE (2) HOT DOG BAKED BEANS TRY A CRAVEABLE LUNCH	5/24/2019 (1) PEPPERONI ROLL* with Sauce Fresh dough, mozzarella cheese (2) MACARONI & CHEESE Bread Stick Fresh Baby Carrots TRY A CRAVEABLE LUNCH
5/27/2019 MEMORIAL DAY NO SCHOOL TRY A CRAVEABLE LUNCH	5/28/2019 (1) Chicken Nuggets with a Dinner Roll (2) Hot Turkey & Cheese On a Croissant TRY A CRAVEABLE LUNCH	5/29/2019 (1) BIG DADDY'S PIZZA* (2) Chicken Fajita Wrap Steamed Rice Steamed Broccoli TRY A CRAVEABLE LUNCH	5/30/2019 (1) Penne Pasta & Meat Sauce Bread Stick (2) TOASTED CHEESE Sandwich PICKLES, PICKLES Delicious Tomato Soup TRY A CRAVEABLE LUNCH	5/31/2019 (1) PEPPERONI ROLL* with Sauce Fresh dough, mozzarella cheese (2) Hot Dog Day ketchup or mustard Green Peas TRY A CRAVEABLE LUNCH

HAVE A GREAT SUMMER SEE YOU IN AUGUST