



Rhinoceros corn

Fun Facts About Corn

- Farmers grow corn on every continent except Antarctica.
- One bushel of corn will sweeten more than 400 cans of Coca-Cola.
- There are about 800 kernels in 16 rows on each ear of corn.
- The corncob (ear) is actually part of the corn plant's flower.
- The main ingredient in most dry pet food is corn.
- Corn is America's number one field crop. Corn leads all other crops in value and volume of production.
- A pound of corn consists of approximately 1,300 kernels.
- Corn is used to produce fuel alcohol. Fuel alcohol makes gasoline burn cleaner, reducing air pollution, and it doesn't pollute the water.

Parts of a Corn Plant

- Ear or Cob: protected by a husk of tightly wrapped leaves
- Kernels: the plant's seed and the part you eat
- Husk: the tightly-wrapped leaves that cover the ear of corn
- Roots: these go deep into the soil and carry food and water to the corn plant
- Silk: long soft threads at the top of the ear of corn
- Stalk: the stem of a corn plant
- Tassel: the flower at the very top of the plant



Fun Facts About Cherry Tomatoes

- The cherry tomato is a very small variety of tomato that has been cultivated since at least the early 1800's and are thought to have originated in Peru and northern Chile.
- Cherry tomatoes range in size from a thumb tip up to the size of a golf ball, and can range from being round to slightly oblong in shape. The more oblong ones often share characteristics with plum tomatoes, and are known as grape tomatoes.
- Some varieties of grape tomatoes are named Santorini, Sungold, Yellow Pear, Camp Joy and Black Cherry.
- Originally tomatoes were considered poisonous by Europeans. It was thought if you ate a tomato, its poison would turn your blood to acid!
- The tomato is the world's most popular fruit with more than 60 million tons produced worldwide.
- There are more than 4,000 varieties of tomatoes ranging in size, shape and color.
- Botanically, the tomato is a fruit. However, in 1893, the U.S. Supreme Court declared it as a vegetable.
- According to the USDA, Americans eat more than 22 pounds of tomatoes each year, more than half of this amount in the form of ketchup and/or tomato sauce.
- Tomatoes are grown in every state in the United States except Alaska.

Reasons to Eat Tomatoes

One-half cup of sliced tomato is:

- A good source of vitamin C & A
- A source of vitamin K & potassium
- Rich in lycopene, which is an antioxidant that may decrease the risk of certain cancers and heart disease.
- The human body cannot produce lycopene so it can only be obtained by eating lycopene-rich foods.