

March-April 2023



bp High School Lunch Menu



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:
 Cheese Burger on a Bun
 Chicken Patty on a Bun
 Chicken Nuggets with Pretzel Stick
 Cheese or Pepperoni Pizza



Choices May Include: Vegetable Garden Salad w / roll
 Ham or Turkey Salad w/ Roll
 Chef's Salad w/ roll
 Greek Salad w/ Roll
 Strawberry Spinach Salad w/ Roll
 Caprese Pasta Salad with Roll
 Ham & Cheese Wrap or Turkey and Swiss on Baguette
 Buffalo chicken Wrap
 Taco Chicken Roll
 Chicken Caesar Roll



Menu Subject to Change based on product availability.

Try Schoolcafe.com for menus and nutritional information

LUNCH PRICES:

Student \$3.05/\$3.85*
 Reduced \$.40
 Adult \$4.35/\$4.55*

Brandon Aaostinelli - General Manager
 412-854-8754

agostinelli.brandan@bphawks.org

www.payforit.net for online payments
 Paper Check? Make payable to "BPSD Cafeteria Fund"
 USDA is an equal opportunity provider and employer.

MONDAY 13-Mar	TUESDAY 14-Mar	WEDNESDAY 15-Mar	THURSDAY 16-Mar	FRIDAY 17-Mar
Signature Entree				
Entrée Pasta Bar Choice of Pasta and choice of Marinara or Meatsauce with a garlic breadstick FEATURED VEGGIES Italian Mixed Vegetable Carrot Sticks Choice of Fruit Choice of Milk	Entrée Meatball Hoagie W/Mozzarella Cheese FEATURED VEGGIES Side Caesar Salad Green Beans Choice of Fruit Choice of Milk	Entrée General Tso's Chicken over rice* FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk	Entrée Hawk Burger* Bacon Cheeseburger on a Kaiser Roll FEATURED VEGGIES BBQ Baked Beans Cole slaw Choice of Fruit Choice of Milk	Entrée Pierogies W/Butter & Onions FEATURED VEGGIES Steamed Green Beans Side Caesar Salad Choice of Fruit Choice of Milk
Check out our Daily Featured Signature Entrees!!! Don't see what you're looking for, let us know!!!				
20-Mar				
PIZZA EXPRESS				
Choice of fresh baked pizza!!! Choices may include Hand Tossed*, Deep Dish*, French Bread, Flat Bread, and Pepperoni Rolls*.				
Entrée Popcorn Chicken and Mashed Potato Bowl FEATURED VEGGIES Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk	Entrée County Fair Corn Dog FEATURED VEGGIES Curly Fries Steamed Mixed Veggies Choice of Fruit Choice of Milk	Entrée General Tso's Chicken* served over White rice FEATURED VEGGIES Steamed Broccoli Cucumber Salad Choice of Fruit Choice of Milk	Entrée Homemade Macaroni & Cheese FEATURED VEGGIES Oven Fries Celery Sticks Choice of Fruit Choice of Milk	Entrée Toasted Cheese Sandwich on Texas Toast FEATURED VEGGIES Tomato Soup Broccoli Salad Choice of Fruit Choice of Milk
27-Mar				
28-Mar				
29-Mar				
30-Mar				
31-Mar				
Market Street Deli				
Market Street Deli*: Made to order Sandwiches, Wraps, and Salads with an assortment of fresh deli meats, cheeses and a wide variety of fresh toppings. Served Daily!				
No School Teacher In-service	Entrée Italian Chicken Sandwich with Provolone Cheese on a Brioche Bun FEATURED VEGGIES French Fries Lettuce & Tomato Choice of Fruit Choice of Milk	Entrée General Tso's Chicken over rice* FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk	Entrée Holiday Lunch-Roasted Ham/W/Roll Au Gratin Potatoes Green Bean Casserole Stuffing FEATURED VEGGIES Crinkle Cut Oven Fries Fresh Cauliflower Choice of Fruit Choice of Milk	Entrée Loaded Pierogies with various toppings FEATURED VEGGIES Steamed Broccoli Chickpea Salad Choice of Fruit Choice of Milk
3-Apr				
4-Apr				
5-Apr				
6-Apr				
7-Apr				
Choices may include: Nachos Grande, Walking Taco, Chicken Mashed Potato Bowl, Pasta Bar, Burger Bar, Wok-N-Roll, and more!!!				
Entrée Pasta Bar-Pasta/W/ Choice of Marinara or Alfredo Chicken or Meatballs with a garlic breadstick FEATURED VEGGIES Green Beans Baby Carrots Choice of Fruit Choice of Milk	Entrée Buffalo Chicken Pizza* or Hot Italian Hoagie FEATURED VEGGIES Roasted Lemon & Pram Broccoli Baby Carrots Choice of Fruit Choice of Milk	Entrée General Tso's Chicken* served over Fried Rice FEATURED VEGGIES Steamed Broccoli Cucumber Salad Choice of Fruit Choice of Milk	No School Spring Break	No School Spring Break
10-Apr				
11-Apr				
12-Apr				
13-Apr				
14-Apr				
Chicken Central				
Choices may include Chicken Patty on a bun, Spicy Chicken Patty on s bun , Popcorn Chicken, Chicken Nuggets, Chicken Fries, or Chicken Tenders.				
No School Spring Break	Entrée Hot Ham & Cheese on a Pretzel Bun FEATURED VEGGIES Black Beans Fresh Pico De Gallo Choice of Fruit Choice of Milk	Entrée General Tso's Chicken over rice* FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk	Entrée Breakfast for Lunch French Toast Sticks with Sausage Patties FEATURED VEGGIES Triangle Hash Browns Cinnamon Apples Choice of Fruit Choice of Milk	Entrée Philly Cheesesteak Sandwich FEATURED VEGGIES Side Caesar Salad Green Beans Choice of Fruit Choice of Milk
17-Apr				
18-Apr				
19-Apr				
20-Apr				
21-Apr				
cheffresh				
Check out our Salad Bar!!!! All the items to make your own one of a kind salad!!!!				
Entrée Popcorn Chicken and Mashed Potato Bowl FEATURED VEGGIES Carrot & Celery Sticks Broccoli Salad Choice of Fruit Choice of Milk	Entrée Beef or Pulled Pork Soft Tacos FEATURED VEGGIES Steamed Golden Corn Fresh Coleslaw Choice of Fruit Choice of Milk	Entrée General Tso's Chicken over rice* FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk	Entrée County Fair Corn Dog FEATURED VEGGIES Steamed Garden Peas Garden Salad Choice of Fruit Choice of Milk	Entrée Fish Sandwich on Toasted Ciabatta Extra Line FEATURED VEGGIES Roasted BBQ Cauliflower Bites Fresh Coleslaw Choice of Fruit Choice of Milk