



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Chicken Nuggets with Pretzel Stick
Cheese or Pepperoni Pizza



- Choices May Include: Vegetable
- Garden Salad w/ roll
 - Ham or Turkey Salad w/ Roll
 - Chef's Salad w/ roll
 - Greek Salad w/ Roll
 - Strawberry Spinach Salad w/ Roll
 - Caprese Pasta Salad with Roll
 - Ham & Cheese Wrap or Turkey and Swiss on Baguette
 - Buffalo chicken Wrap
 - Taco Chicken Roll
 - Chicken Caesar Roll
 - Roast Beef and Cheddar Wrap



Menu Subject to Change based on product availability.

Try Schoolcafe.com for menus and nutritional information

LUNCH PRICES:
Student \$3.05/\$3.85*
Reduced \$.40
Adult \$4.35/\$4.55*

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www.payforit.net for online payments
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MONDAY 22-Aug	TUESDAY 23-Aug	WEDNESDAY 24-Aug	THURSDAY 25-Aug	FRIDAY 26-Aug
Signature Entree				
Check out our Daily Featured Signature Entrees!!! Don't see what you're looking for, let us know!!!				
			Entrée Homemade Macaroni & Cheese	Entrée Toasted Cheese Sandwich on Texas Toast
			FEATURED VEGGIES Oven Fries Celery Sticks Choice of Fruit Choice of Milk	FEATURED VEGGIES Tomato Soup Broccoli Salad Choice of Fruit Choice of Milk
29-Aug	30-Aug	31-Aug	1-Sep	2-Sep
PIZZA EXPRESS				
Choice of fresh baked pizza!!! Choices may include Hand Tossed*, Deep Dish*, French Bread, Flat Bread, and Pepperoni Rolls*.				
Entrée Penne Pasta with Meat sauce	Entrée Walking Taco	Entrée General Tso's Chicken over rice*	Entrée Philly Cheesesteak on Toasted Baguette	Entrée Loaded Baked Potato Bar
FEATURED VEGGIES Green Beans Baby Carrots Choice of Fruit Choice of Milk	FEATURED VEGGIES French Fries Lettuce & Tomato Choice of Fruit Choice of Milk	FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk	FEATURED VEGGIES Crinkle Cut Oven Fries Fresh Cauliflower Choice of Fruit Choice of Milk	FEATURED VEGGIES Steamed Broccoli Chickpea Salad Choice of Fruit Choice of Milk
5-Sep	6-Sep	7-Sep	8-Sep	9-Sep
Market Street Deli				
Market Street Deli*: Made to order Sandwiches, Wraps, and Salads with an assortment of fresh deli meats, cheeses and a wide variety of fresh toppings. Served Daily!				
	Entrée Italian Chicken Sandwich with Provolone Cheese on a Brioche Bun	Entrée County Fair Corn Dog	Entrée Fajita Grill Fajita Seasoned Chicken Steak in soft Tortillas Sautéed Peppers and Onions	Entrée Buffalo Chicken Dip Over Tortilla Chips
	FEATURED VEGGIES Steamed Garden Peas Curried Chickpea Salad Choice of Fruit Choice of Milk	FEATURED VEGGIES Baked Potato w/ Toppings Steamed Mixed Veggies Choice of Fruit Choice of Milk	FEATURED VEGGIES Black Beans Fresh Pico De Gallo Choice of Fruit Choice of Milk	FEATURED VEGGIES Roasted Lemon & Pram Broccoli Baby Carrots Choice of Fruit Choice of Milk
12-Sep	13-Sep	14-Sep	15-Sep	16-Sep
J. Clarks Grille				
Choice of Fresh Made Burgers, Hot Hoagies, Hot Sandwiches, or Panini Sandwiches				
Entrée Meatballs in Marinara Sauce over Spaghetti w/ Garlic Breadstick	Entrée Beef or Chicken Nachos Grande	Entrée General Tso's Chicken over rice*	Entrée Breakfast for Lunch French Toast Sticks with Sausage Patties	Entrée Fresh Dough Calzones * with Marinara Dipping Sauce
FEATURED VEGGIES Steamed Mixed Veggies Tomato & Mozzarella Salad Choice of Fruit Choice of Milk	FEATURED VEGGIES Black Beans Fresh Pico De Gallo Choice of Fruit Choice of Milk	FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk	FEATURED VEGGIES Tri Hash Brown Fresh Cucumbers Choice of Fruit Choice of Milk	FEATURED VEGGIES Roasted Zucchini Side Caesar Salad Choice of Fruit Choice of Milk
19-Sep	20-Sep	21-Sep	22-Sep	23-Sep
Chicken Central				
Choices may include Chicken Patty on a bun, Spicy Chicken Patty on a bun, Popcorn Chicken, Chicken Nuggets, Chicken Fries, or Chicken Tenders.				
Entrée Boneless Wing Bar* with Choice of Sauce	Entrée Beef or Pulled Pork Soft Tacos	Entrée Hot Turkey Sandwich with Gravy	Entrée Flatbread Fare! Variety of crafted Flatbreads,	Entrée Fish Sandwich on Toasted Ciabatta
FEATURED VEGGIES Carrot & Celery Sticks Broccoli Salad Choice of Fruit Choice of Milk	FEATURED VEGGIES Steamed Golden Corn Fresh Coleslaw Choice of Fruit Choice of Milk	FEATURED VEGGIES Mashed Potatoes Fresh Cauliflower Choice of Fruit Choice of Milk	FEATURED VEGGIES Steamed Garden Peas Side Garden Salad Choice of Fruit Choice of Milk	Extra Line FEATURED VEGGIES Roasted BBQ Cauliflower Bites Fresh Coleslaw Choice of Fruit Choice of Milk
26-Sep	27-Sep	28-Sep	29-Sep	30-Sep
cheffresh				
Check out our Chef Fresh Items!! Fresh made salads, sandwiches, and wraps to choose from.				
Entrée Chicken Parmesan Sandwich	Entrée Loaded Tots! Choice of Buffalo Chicken or Seasoned Steak over Tater Tots. Choice of Sauces, Toppings, Roll	Entrée General Tso's Chicken over rice*	Entrée Hawk Burger* Bacon Cheeseburger on a Keiser Roll	Entrée Italian Dunkers on Garlic Toast with Marinara Dipping Sauce
FEATURED VEGGIES Green Beans Baby Carrots with Ranch Dip Choice of Fruit Choice of Milk	FEATURED VEGGIES Crinkle Cut Oven Fries Tossed Salad Choice of Fruit Choice of Milk	FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk	FEATURED VEGGIES BBQ Baked Beans Cole slaw Choice of Fruit Choice of Milk	FEATURED VEGGIES Steamed Green Beans Side Caesar Salad Choice of Fruit Choice of Milk