

April-May
2023



bp High School
Lunch Menu



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or Meat Alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Chicken Nuggets with Pretzel Stick
Cheese or Pepperoni Pizza



Choices May Include: Vegetable Garden Salad w / roll
Ham or Turkey Salad w/ Roll
Chef's Salad w/ roll
Greek Salad w/ Roll
Strawberry Spinach Salad w/ Roll
Caprese Pasta Salad with Roll
Ham & Cheese Wrap or Turkey and Swiss on Baguette
Buffalo chicken Wrap
Taco Chicken Roll
Chicken Caesar Roll



Menu Subject to Change based on product availability.

Try Schoolcafe.com for menus and nutritional information

LUNCH PRICES:

Student \$3.05/\$3.85*
Reduced \$.40
Adult \$4.35/\$4.55*

Brandon Aostinelli - General Manager
412-854-8754

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www.payforit.net for online payments
Paper Check? Make payable to "BPSD Cafeteria Fund"

USDA is an equal opportunity provider and employer.

| MONDAY 24-Apr | TUESDAY 25-Apr | WEDNESDAY 26-Apr | THURSDAY 27-Apr | FRIDAY 28-Apr |
|--|--|---|---|--|
| Signature Entree | | | | |
| Entrée Pasta Bar Pasta and choice of Marinara or Meatsauce with a garlic breadstick FEATURED VEGGIES Green Beans Carrot Sticks Choice of Fruit Choice of Milk | Entrée Beef or Chicken Nachos queso Cheese or Nacho Cheese Sweet Corn, Fresh Pico Salsa, Jalapenos FEATURED VEGGIES Black Bean Salsa Sweet Corn Choice of Fruit Choice of Milk | Entrée General Tso's Chicken over rice* or Noodles FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk | Entrée Burger Bar Singles or Doubles Choice of Grilled Onions, Cheese Assorted Toppings FEATURED VEGGIES Oven Fries Cole slaw Choice of Fruit Choice of Milk | Entrée Pierogies W/Butter & Onions FEATURED VEGGIES Glazed Carrots Side Caesar Salad Choice of Fruit Choice of Milk |
| Check out our Daily Featured Signature Entrees!!! Don't see what you're looking for, let us know!!! | | | | |
| 1-May | | | | |
| 2-May | | | | |
| 3-May | | | | |
| 4-May | | | | |
| 5-May | | | | |
| Choice of fresh baked pizza!!! Choices may include Hand Tossed*, Deep Dish*, French Bread, Flat Bread, and Pepperoni Rolls*. | | | | |
| PIZZA EXPRESS | | | | |
| Entrée Popcorn Chicken and Mashed Potato Bowl FEATURED VEGGIES Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk | Entrée Nachos Grande Beef or Chicken Nacho Cheese, Sweet Corn FEATURED VEGGIES Curly Fries Steamed Mixed Veggies Choice of Fruit Choice of Milk | Entrée General Tso's Chicken* or Chicken & Broccoli Over Fried Rice FEATURED VEGGIES Steamed Broccoli Cucumber Salad Choice of Fruit Choice of Milk | Entrée Baked Potato Bar Philly Steak or BBQ Pork Nacho Cheese Bacon Bits/Steamed Broccoli FEATURED VEGGIES Oven Fries Celery Sticks Choice of Fruit Choice of Milk | Entrée Toasted Cheese Sandwich on Texas Toast FEATURED VEGGIES Tomato Soup Broccoli Salad Choice of Fruit Choice of Milk |
| 8-May | | | | |
| 9-May | | | | |
| 10-May | | | | |
| 11-May | | | | |
| 12-May | | | | |
| Market Street Deli | | | | |
| Market Street Deli*: Made to order Sandwiches, Wraps, and Salads with an assortment of fresh deli meats, cheeses and a wide variety of fresh toppings. Served Daily! | | | | |
| Entrée Pasta Bar Choice of Marinara or Meatsauce, Chicken Alfredo with a garlic breadstick FEATURED VEGGIES Green Beans Caesar Salad Choice of Fruit Choice of Milk | Entrée Taco/Nacho Bar Burrito, Nachos Or Bowls Taco Beef or Seasoned Chicken Rice, Black beans, Cheddar Cheese FEATURED VEGGIES French Fries Lettuce & Tomato Choice of Fruit Choice of Milk | Entrée General Tso's Chicken over rice* or Noodles W/Egg Roll FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk | Entrée Mac N Cheese Bowl Oriental or Southwest Broccoli Soft Pretzel Roll FEATURED VEGGIES Crinkle Cut Oven Fries Fresh Cauliflower Choice of Fruit Choice of Milk | Entrée Loaded Pierogies with various toppings FEATURED VEGGIES Steamed Broccoli Chickpea Salad Choice of Fruit Choice of Milk |
| 15-May | | | | |
| 16-May | | | | |
| 17-May | | | | |
| 18-May | | | | |
| 19-May | | | | |
| Choices may include: Nachos Grande, Walking Taco, Chicken Mashed Potato Bowl, Pasta Bar, Burger Bar, Wok-N-Roll, and more!!! | | | | |
| PIZZA EXPRESS | | | | |
| Entrée Popcorn Chicken and Mashed Potato Bowl FEATURED VEGGIES Steamed Corn Mashed Potatoes Choice of Fruit Choice of Milk | No School | | Entrée General Tso's Chicken* served over Fried Rice Mandarin Oranges FEATURED VEGGIES Steamed Broccoli Cucumber Salad Choice of Fruit Choice of Milk | Entrée Burger Bar Singles or Doubles Choice of Grilled Onions, Cheese Assorted Toppings FEATURED VEGGIES Curly Fries Chic Pea Salad Choice of Fruit Choice of Milk |
| 22-May | | | | |
| 23-May | | | | |
| 24-May | | | | |
| 25-May | | | | |
| 26-May | | | | |
| Chicken Central | | | | |
| Choices may include Chicken Patty on a bun, Spicy Chicken Patty on s bun , Popcorn Chicken, Chicken Nuggets, Chicken Fries, or Chicken Tenders. | | | | |
| Entrée Pasta Bar Chicken Parm or Grilled Chicken Alfredo or Marinara Garlic Breadstick FEATURED VEGGIES Green Beans Caesar Salad Choice of Fruit Choice of Milk | Entrée Nachos Grande Beef or Chicken Nacho Cheese, Sweet Corn FEATURED VEGGIES Broccoli Salad Fresh Pico De Gallo Choice of Fruit Choice of Milk | Entrée General Tso's Chicken over rice* or Noodles FEATURED VEGGIES Oriental Vegetable Sliced cucumbers Choice of Fruit Choice of Milk | Entrée Macaroni and Cheese W/Roll FEATURED VEGGIES Potato Wedges Baby Carrots Choice of Fruit Choice of Milk | Entrée County Fair Corn Dog FEATURED VEGGIES Glazed Carrots Tomato and Mozzarella Salad Choice of Fruit Choice of Milk |
| 29-May | | | | |
| 30-May | | | | |
| 31-May | | | | |
| 1-Jun | | | | |
| 2-Jun | | | | |
| Check out our Salad Bar!!!! All the items to make your own one of a kind salad!!!! | | | | |
| cheffresh | | | | |
| No School | | | | |
| Memorial Day | | | | |
| Entrée Beef or Chicken Nachos queso Cheese or Nacho Cheese Sweet Corn, Fresh Pico Salsa, Jalapenos FEATURED VEGGIES Steamed Golden Corn Fresh Coleslaw Choice of Fruit Choice of Milk | No School | | Entrée General Tso's Chicken over rice* FEATURED VEGGIES Broccoli Sliced cucumbers Choice of Fruit Choice of Milk | |