

Daily Options may include:

Monday
Pasta Bowl*

Tuesday
Chicken Mash Potato Bowl*

Wednesday
Wok n' Roll*

Thursday
Build a Burger

Friday
Nacho Grande*
Pepperoni Roll*

"SALAD BAR" EVERYDAY!

CHICKEN CENTRAL
Spicy Chicken, Tenders,
Popcorn, Patty w/WG Bun

PIZZA EXPRESS*
Pepperoni, Cheese, Specialty,
Stuffed, Rolls

MARKET ST. DELI*
Fresh made Deli Wraps

J. CLARKE'S GRILLE
BBQ Ribs, Panini, Burgers

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, & vanilla

Weekly Vegetable Subgroups May Include:

- Dark Green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - potatoes, corn, peas & lima beans
- Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Lunch Prices

Student \$2.75/\$3.30* Reduced .40
Adult \$3.70/\$4.00*


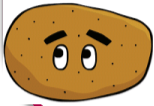
















Make checks payable: BPSD CAFÉ FUND

USDA is an equal opportunity provider and employer.

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www.PayForIt.net

*Gluten Free & Vegetarian Items available DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>1/28/2019 PASTA BAR Bread Stick ITALIAN POLENTA W/SAUCE PEPPERONI ROLL* Fresh SALAD BAR* TEXAS BURGER PEPPERONI/SAUSAGE PIZZA*</p>	<p>1/29/2019 CHICKEN MASH POTATO BOWL NACHO GRANDE Fresh SALAD BAR* BAKED POTATO BAR</p>  	<p>1/30/2019 GENERAL TSO CHICKEN* Over Rice (Ala carte Egg Roll \$1.35) PEPPERONI ROLL* BUFFALO TWISTER Fresh SALAD BAR* Potato Wedges SUPREME PIZZA*</p>	<p>1/31/2019 MAC & CHEESE BREAD STICK Chicken Parmesan Fresh SALAD BAR* Green Beans Mozzarella Cheese Sticks*(6) WHITE PIZZA*</p>	<p>2/1/2019 GRILLED CHEESE SANDWICH NACHO GRANDE* PEPPERONI ROLL* Fresh SALAD BAR* Tomato Soup Homemade Soup MAC & CHEESE PIZZA*</p>
<p>2/4/2019 PASTA BAR Bread Stick INCLUDING ALFREDO SAUCE PEPPERONI ROLL* OVEN ROASTED CHICKEN Fresh SALAD BAR* GREEN BEANS PEPPERONI/SAUSAGE PIZZA*</p>	<p>2/5/2019 CHICKEN MASH POTATO BOWL ITALIAN HOAGIE NACHO GRANDE Fresh SALAD BAR* Steamed Corn Cheesy Bread Sticks BUFFALO CHICKEN PIZZA*</p>    	<p>2/6/2019 GENERAL TSO CHICKEN* Over Rice PEPPERONI ROLL* Fresh SALAD BAR* Tater Tots Steamed Broccoli SUPREME PIZZA*</p>	<p>2/7/2019 BUILD A BURGER MINI CALZONE(3)* MAC & CHEESE Beef & Cheddar Sandwich Green Beans Fresh SALAD BAR* WHITE PIZZA*</p>	<p>2/8/2019 TOASTED CHEESE SANDWICH NACHO GRANDE* PEPPERONI ROLL* Fresh SALAD BAR* Tomato Soup Homemade Soup MAC & CHEESE PIZZA*</p>
 <p>2/11/2019 PASTA BAR Bread Stick ITALIAN POLENTA W/SAUCE PEPPERONI ROLL* Fresh SALAD BAR* ROASTED TURKEY LUNCH PEPPERONI/SAUSAGE PIZZA*</p>	<p>2/10/2019 CHICKEN MASH POTATO BOWL Chicken Parmesan On a Bun NACHO GRANDE Fresh SALAD BAR* Steamed Corn TURKEY PANINI BUFFALO CHICKEN PIZZA*</p>	<p>2/13/2019 GENERAL TSO CHICKEN* Over Rice (Ala carte Egg Roll \$1.35) PEPPERONI ROLL* CHICKEN QUESADILLA Fresh SALAD BAR* Potato Wedges SUPREME PIZZA*</p>	<p>2/14/2019 BUILD A BURGER MAC & CHEESE BREAD STICK FRENCH BREAD PIZZA Mozzarella Cheese Sticks*(6) Fresh SALAD BAR* STRAWBERRY DELITE WHITE PIZZA*</p>          	<p>2/15/2019 GRILLED CHEESE SANDWICH NACHO GRANDE* PEPPERONI ROLL* Fresh SALAD BAR* Tomato Soup Homemade Soup MAC & CHEESE PIZZA*</p>
<p>2/18/2019 PASTA BAR Bread Stick PEPPERONI ROLL* HOMEMADE MEATLOAF Fresh SALAD BAR* Salad Beets PEPPERONI/SAUSAGE PIZZA*</p>	<p>2/19/2019 CHICKEN MASH POTATO BOWL Cheeseburger Sandwich NACHO GRANDE Fresh SALAD BAR* Steamed Corn Cheesy Bread Sticks BUFFALO CHICKEN PIZZA*</p>	<p>2/20/2019 GENERAL TSO CHICKEN* Over Rice (Ala carte Egg Roll \$1.35) PEPPERONI ROLL* Ham & Cheese on Pretzel Bun Fresh SALAD BAR* Potato Wedges SUPREME PIZZA*</p>	<p>2/21/2019 BUILD A BURGER MAC & CHEESE BREAD STICK FRENCH BREAD PIZZA Beef & Cheddar Sandwich Fresh SALAD BAR* MINI CALZONE(3)* WHITE PIZZA*</p>	<p>2/22/2019 TOASTED CHEESE SANDWICH NACHO GRANDE* PEPPERONI ROLL* Fresh SALAD BAR* Tomato Soup Homemade Soup MAC & CHEESE PIZZA*</p>
<p>2/25/2019 PASTA BAR Bread Stick PEPPERONI ROLL* OVEN ROASTED CHICKEN Fresh SALAD BAR* Steamed Carrots PEPPERONI/SAUSAGE PIZZA*</p>	<p>2/26/2019 CHICKEN MASH POTATO BOWL BBQ PULLED PORK NACHO GRANDE Fresh SALAD BAR* Steamed Corn BUFFALO CHICKEN PIZZA*</p>	<p>2/27/2019 GENERAL TSO CHICKEN* Over Rice (Ala carte Egg Roll \$1.35) PEPPERONI ROLL* CHICKEN & CHEESE QUESADILLA Fresh SALAD BAR* Potato Wedges SUPREME PIZZA*</p>	<p>BUILD A BURGER MAC & CHEESE BREAD STICK FRENCH BREAD PIZZA BUFFALO TWISTER Mozzarella Cheese Sticks*(6) Fresh SALAD BAR* Green Beans WHITE PIZZA*</p>	<p>3/1/2019 GRILLED CHEESE SANDWICH NACHO GRANDE* PEPPERONI ROLL* OR SAUSAGE ROLL* Fresh SALAD BAR* Tomato Soup Homemade Soup MAC & CHEESE PIZZA*</p>