

FEBRUARY 2019



BETHEL PARK SCHOOL DISTRICT ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white fat-free chocolate, strawberry or vanilla

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options include:

Chicken Patty Sandwich

Cheese Pizza

Sunbutter & jelly with

String Cheese & Goldfish crackers

Grilled Chicken Salad w/ roll

CRAVEABLE LUNCHES

Fruit & Yogurt Lunch w/Goldfish, String

Cheese, & 100% Juice Box

Ham Coins & Cheddar Cheese or

Turkey Coins & Cheddar Cheese w/Goldfish,

Apple Slices, String Cheese &

100% Juice Box



Lunch Prices

Student \$2.40/\$3.00*Tier

Reduced \$.40

Adult \$3.70/\$4.00*Tier

Make checks payable: BPSD Café Fund

JOE CONSOLMAGNO, DIRECTOR

412-854-8754

consolmagno.joe@bphawks.org

www.PayForIt.net Online Payments

USDA is an equal opportunity provider and employer.

Monday

1/28/2019

(1) MAX CHEESE STICKS
w/sauce

(2) CHICKEN TENDERS (3 EACH)
with a Dinner Roll
(3) Grilled Chicken

STEAMED CORN
KID'S LOVE THEM!

TRY A CRAVEABLE LUNCH

Tuesday

1/29/2019

(1) "New" Chicken Nuggets
with a Dinner Roll

(2) Hot Ham & Cheese
On a Pretzel Roll

Fresh Baby Carrots

TRY A CRAVEABLE LUNCH

Wednesday

1/30/2019

(1) BIG DADDY'S PIZZA*
Pizzeria style pizza

(2) YOGURT & GRANOLA
Select your favorite "GRANOLA"
STRAWBERRIES/BLUEBERRIES WHIP CREAM

Tater Tots

TRY A CRAVEABLE LUNCH

Thursday

1/31/2019

(1) Penne Pasta & Meat Sauce
Bread Stick

(1) TOASTED CHEESE
Sandwich
PICKLES, PICKLES

Sweet Green Peas

TRY A CRAVEABLE LUNCH

Friday

2/1/2019

(1) PEPPERONI ROLL*
with Sauce

Fresh dough, mozzarella cheese
(2) HOT DOG DAY
ketchup or mustard

Warm up with
Delicious Tomato Soup

TRY A CRAVEABLE LUNCH

2/4/2019

(1) MOZZARELLA CHEESE STICKS
w/pizza sauce

(2) CHICKEN NUGGETS
with a Dinner Roll
(3) Grilled Chicken

Green Beans
KID'S LOVE THEM!

TRY A CRAVEABLE LUNCH

2/5/2019

(1) Spaghetti & Meat Sauce
with a Dinner Roll

(2) NACHO GRANDE
Tortilla Chips
Try some Avocado!
Tomato & Onion Salsa

Romaine Salad
BAKED POTATO

TRY A CRAVEABLE LUNCH

2/6/2019

(1) MACARONI & CHEESE
Bread Stick

Homemade not from a box!
(2) TWO MINI CALZONE'S*
WITH CHEESE STICK

Steamed Broccoli

TRY A CRAVEABLE LUNCH

2/7/2019

(1) STUFFED CRUST PIZZA*
from our oven to your plate

(2) CHICKEN & CHEDDAR CHEESE
Quesadilla

Warm up with
Chicken Noodle Soup

TRY A CRAVEABLE LUNCH

2/8/2019

(1) PEPPERONI ROLL*
Fresh dough, mozzarella cheese

(2) PULLED PORK SANDWICH
On a Bun
Curly Fries

POTATO LOVERS DAY

TRY A CRAVEABLE LUNCH

2/11/2019

(1) MAX CHEESE STICKS
w/sauce

(2) CHICKEN TENDERS (3 EACH)
with a Dinner Roll
(3) Grilled Chicken

Cucumber Slices
KID'S LOVE THEM!

TRY A CRAVEABLE LUNCH

2/12/2019

(1) WALKIN TACO

(2) PANCAKES
WITH SAUSAGE PATTIE
ADD STRAWBERRIES & BLUEBERRIES

BAKED POTATO
Fresh Baby Carrots

TRY A CRAVEABLE LUNCH

2/13/2019

(1) FUNNEL CAKE w/Fruit topping
& Sausage Patties

(2) Chicken Mash Potato Bowl
with a Dinner Roll

Mashed Potatoes
STEAMED CORN

TRY A CRAVEABLE LUNCH

2/14/2019

(1) TOASTED CHEESE
Sandwich

PICKLES, PICKLES
(2) BIG DADDY'S PIZZA*
Pizzeria style pizza
Red Jello

Delicious Tomato Soup
HAPPY VALENTINE'S DAY

TRY A CRAVEABLE LUNCH

2/15/2019

(1) PEPPERONI ROLL*
with Sauce

Fresh dough, mozzarella cheese
(2) Hot Turkey & Cheese
Bagel

Broccoli/Cheese Casserole

TRY A CRAVEABLE LUNCH

2/18/2019

(1) French Toast Sticks
w/Sausage Patties

(2) Popcorn Chicken
with a Dinner Roll
(3) Grilled Chicken
Green Beans

PRESIDENT'S DAY

TRY A CRAVEABLE LUNCH

2/19/2019

(1) BIG DADDY'S PIZZA*
Pizzeria style pizza

(2) NACHO GRANDE
Tortilla Chips
BAKED POTATO
Salsa & Lettuce

TRY A CRAVEABLE LUNCH

2/20/2019

(1) General Tso Chicken

(2) TWO MINI CALZONE'S*
WITH CHEESE STICK

Steamed Rice
Steamed Broccoli

TRY A CRAVEABLE LUNCH

2/21/2019

(1) MOZZARELLA CHEESE STICKS
w/pizza sauce

(2) TACO PIZZA

Romaine Salad

TRY A CRAVEABLE LUNCH

2/22/2019

(1) PEPPERONI ROLL*
with Sauce

Fresh dough, mozzarella cheese
(2) MACARONI & CHEESE
Bread Stick

Warm up with
Chicken Noodle Soup
Fresh Baby Carrots

TRY A CRAVEABLE LUNCH

2/25/2019

(1) MAX CHEESE STICKS
w/sauce

(2) CHICKEN TENDERS (3 EACH)
with a Dinner Roll
(3) Grilled Chicken

STEAMED CORN

TRY A CRAVEABLE LUNCH

2/26/2019

(1) Chicken Nuggets
with a Dinner Roll

(2) Hot Turkey & Cheese
On a Croissant

Steamed Carrots

TRY A CRAVEABLE LUNCH

2/27/2019

(1) BIG DADDY'S PIZZA*
Pizzeria style pizza

(2) YOGURT & GRANOLA
Select your favorite "GRANOLA"
STRAWBERRIES/BLUEBERRIES WHIP CREAM

Tater Tots

TRY A CRAVEABLE LUNCH

2/28/2019

(1) Penne Pasta & Meat Sauce
Bread Stick

(2) TOASTED CHEESE
Sandwich
PICKLES, PICKLES

Green Peas

TRY A CRAVEABLE LUNCH

3/1/2019

(1) PEPPERONI ROLL*
with Sauce

Fresh dough, mozzarella cheese
(2) Hot Dog Day
ketchup or mustard

Warm up with
Delicious Tomato Soup

TRY A CRAVEABLE LUNCH