

BETHEL PARK HIGH SCHOOL

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LETTER FROM THE ATHLETIC DIRECTOR

Beginning June 20th the Bethel Park Athletic Department partnered with AHN sports medicine will be offering a new baseline concussion testing system through Sway. The Sway System is a research-backed assessment tool that includes a battery of balance tests, cognitive tests, symptom tracking, on-field assessments, and COVID-19 screening. **Since this system utilizes an app each student athlete will be required to download the Sway app on their phone prior to their testing session.** A new or updated baseline test is strongly recommended for any student-athlete entering grades 7th, 9th and 11th who participates in an At-Risk sport. Those sports that fall under the classification of at-risk are:

Football	Boys/Girls Soccer	Boys/Girls Volleyball
Boys/Girls Basketball	Wrestling	Boys/Girls Diving
Baseball	Softball	Boys/Girls Lacrosse
Pole Vault	Cheerleading (Competition and Sideline)	

We will be scheduling team appointments with the fall sport coaches. If you are still interested in receiving a baseline test and do not participate in a fall sport please visit <https://calendly.com/bp-athletictraining/c3-logix-baseline-concussion-testing> in order to schedule an appointment.

Please remember that a new or updated baseline test is strongly recommended for any student-athlete entering grades 7th, 9th and 11th who want to participate in At-Risk sports at Bethel Park School District. All sports have the opportunity to receive a test.

If there are any questions, please don't hesitate to contact our Athletic Trainers at 412-854-8551 or via email at:

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Mission:

To lead an educational partnership with the community, maintaining an environment that challenges all students to reach their potential as lifelong learners and responsible members of society.



Allegheny Health Network Sports Medicine is currently implementing an innovative program for athletes. Current guidelines call for a multi-faceted approach to diagnosing and treating mild traumatic brain injury (concussion) through assessment of symptoms, balance, reaction time, memory, processing speed, and neuromotor function. Sway is a comprehensive program on a mobile platform that is compatible with both Apple and Android devices. Sway will assist the Certified Athletic Trainer and Team Physician in the appropriate management of concussions. Athletes often do not understand the potential consequences of concussion and minimize or deny the symptoms so that they can return to play. As a result, repeated concussions, from returning to sports too early, can cause symptoms to have a cumulative effect. Due to such concerns, the management of concussions needs to be individualized and comprehensive.

To better manage concussions sustained by athletes, Allegheny Health Network is offering the SWAY Platform as a baseline and post injury testing system. Sway has FDA approval as a Class II medical device. The test is administered using the Sway medical app and a cell phone or tablet to obtain a baseline test at the beginning of the sports season and again if an injury occurs to determine return to play. Sway is a comprehensive evaluation that is non-invasive and looks at balance, cognitive, reaction time, memory, and neuromotor function. It takes approximately 12-15 minutes to complete. Upon completion of the baseline, the results are securely stored. If an injury occurs, the athletes will be re-tested and compared to their baseline as they heal to determine when it is safe to return the athlete to activity.

The ATC at the school will administer the test using the Sway medical app that has been downloaded onto a cell phone or tablet. Students will be asked to download the app and be given a code to enter that will take them to the test platform. Testing codes will be managed by the ATC and they will be team specific for the date of testing, access will not be permitted other than at the time of testing. At that time, each student will enter personal information on their device and proceed with the testing in the presence of the ATC. With the Sway Medical app the ATC will have the ability to test several students at one time, since each will be using their own device, and they will be closely monitored by the ATC. Once the test is complete, the information will load to the secure cloud. At that time students will not be able to log back into the app or access their information. Any retesting in the event of an injury will take place at the direction of the ATC using AHN mobile device. ATC's and AHN Physicians will have access to the information in the event of an injury requiring retest for determination of Return to Play.

If you have any questions, please contact your Licensed Athletic Trainer at your school.