



# Bethel Park Breakfast Menu May-June 2023

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| <b>5/22/23</b>  | <b>5/23/23</b>  | <b>5/24/23</b>   | <b>5/25/23</b>  | <b>5/26/23</b>   |
| Sliced Banana Bread<br>or<br>Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk | Breakfast Pizza<br>or<br>Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk | Egg & Cheese Bagel<br>or<br>Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk | Chocolate Chip French Toast<br>or<br>Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk | Dutch Waffle<br>or<br>Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk |
| <b>Breakfast is FREE to all registered students compliments of the State of Pennsylvania!!!</b>   |   |  |   |  |
| <b>5/29/23</b>  | <b>5/30/23</b>  | <b>5/31/23</b>   | <b>6/1/23</b>   | <b>6/2/23</b>  |
| No School   | Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk                          | Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk                             | Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk                                      | Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk                       |
| <b>6/5/23</b>   | <b>6/6/23</b>   | <b>6/7/23</b>  | <b>6/8/23</b>   | <b>6/9/23</b>  |
| Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk                              | Assorted Cereals or Cereal Bar<br>with Graham Crackers<br><br>Assorted 100% Fruit Juice<br>& Assorted Fresh<br>or Canned Fruit<br>Choice of Milk                          |  |   |  |
| <b>6/12/23</b>  | <b>6/13/23</b>  | <b>6/14/23</b>   | <b>6/15/23</b>  | <b>6/16/23</b>   |
|   |   |  |   |  |
| <b>6/19/23</b>  | <b>6/20/23</b>  | <b>6/21/23</b>   | <b>6/22/23</b>  | <b>6/23/23</b>   |
|   |   |  |   |  |

**What is a Meal?**  
You must choose at least 3 of the 4 components available for the school breakfast price.  
**Choice of: Grain or grain/protein**  
**Choice of fruit or vegetable**  
**(must take at least a 1/2 cup)**  
**AND Choice of Milk**  
**Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry**

**Whole Grain Cereal Selection May Include:**  
Cinnamon Toast Crunch  
Trix  
Cocoa Puffs  
Fruity Cheerios  
Rice Crunch  
Kix  
Cheerios  
Fruit Loops  
Frosted Flakes  
  
Served with Toast

**Fruit May Include:**  
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

**OTHER BREAKFAST OPTIONS MAY INCLUDE:**  
WG DONUTS  
PANCAKE ON A STICK  
MINI LOAF  
WG BAGEL  
BREAKFAST SANDWICH  
DUTCH WAFFLE



**MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY**

[www.payforit.net](http://www.payforit.net) for online payments  
Paying by Check? Make checks payable to "BPSD Cafeteria Fund"  
Brandon Agostinelli General Manager  
[agostinelli.brandon@bphawks.org](mailto:agostinelli.brandon@bphawks.org)  
412-854-8754

**Student Paid Breakfast \$1.95      Student Reduced Breakfast \$0.30      Adult Breakfast \$2.40**

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