

MAY 2018



Bethel Park SCHOOL DISTRICT ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate, strawberry, vanilla

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options include:

Chicken Patty Sandwich

Cheese Pizza

Sunbutter & jelly with

String Cheese & Goldfish crackers

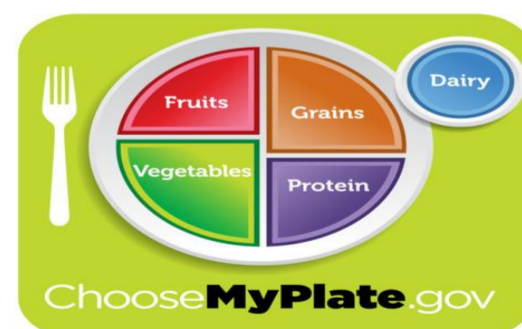
Grilled Chicken Salad w/ roll

CRAVEABLE LUNCHES Great Lunch!

Fruit & Yogurt Lunch w/Goldfish, String Cheese, & 100% Juice Box

Cubed Ham & Cheddar Cheese or

Cubed Turkey & Cheddar Cheese w/Goldfish, Apple Slices &



Lunch Prices

Student \$2.35/\$2.90*Tier

Reduced \$.40

Adult \$3.60/\$3.80*Tier

Joe Consolmano GM
412-854-8754

Make checks payable: BPSD CAFÉ FUND
consolmano.joe@bphawks.org
www.PayForIt.net OnLine Payments

USDA is an equal opportunity provider and employer.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| <p>4/30/2018</p> <p>(1)Mini Choc Chip French Toast w/Sausage Patties (2)CHICKEN NUGGETS with a Dinner Roll (3) Grilled Chicken FRENCH FRIES</p> <p>TRY A CRAVEABLE LUNCH</p> | <p>5/1/2018</p> <p>(1)WALKIN' TACO WITH FRITO CORN CHIPS (2)TACO PIZZA Tomato Salsa Celery Sticks LAW ENFORCEMENT APPRECIATION</p> | <p>5/2/2018</p> <p>(1)CHEESY BREAD STICKS WITH DIPPING SAUCE (2)Toasted Cheese Sandwich TOMATO SOUP GREEN BEANS LAW ENFORCEMENT APPRECIATION</p> <p>TRY A CRAVEABLE LUNCH</p> | <p>5/3/2018</p> <p>(1) WAFFLES w/Sausage Patties (2)Penne Pasta & Meatballs Bread Stick STAWBERRIES/BLUEBERRIES STEAMED BROCCOLI LAW ENFORCEMENT APPRECIATION</p> | <p>5/4/2018</p> <p>(1) NARDONE'S STUFFED CRUST PIZZA* (2)PEPPERONI ROLL* Roasted Butternut Squash LAW ENFORCEMENT APPRECIATION</p> |
| <p>5/7/2018</p> <p>(1)FRENCH TOAST STICKS w/Sausage Patties or (2)HAMBURGER/CHEESE On a Bun BAKED BEANS LAW ENFORCEMENT APPRECIATION</p> | <p>5/8/2018</p> <p>(1)Chicken NUGGETS (2) YOGURT & GRANOLA BAR ADD YOUR FAVORITE FRUIT IN THE CAFE "MANGO" FRUIT GREEN PEAS LAW ENFORCEMENT APPRECIATION</p> <p>TRY A CRAVEABLE LUNCH</p> | <p>5/9/2018</p> <p>(1) SLOPPY JOE ON A BUN (2) FRENCH BREAD PIZZA (3)BREADED FISH STICKS CHEESY BROCCOLI LAW ENFORCEMENT APPRECIATION</p> | <p>5/10/2018</p> <p>(1)Craveable PIZZA* (2) PENNE Pasta w/meatsauce Bread Stick BABY CARROTS LAW ENFORCEMENT APPRECIATION</p> <p>TRY A CRAVEABLE LUNCH</p> | <p>5/11/2018</p> <p>(1) MAC & CHEESE with a Dinner Roll (2)PEPPERONI ROLL* with Sauce GREEN BEANS LAW ENFORCEMENT APPRECIATION</p> |
| <p>5/14/2018</p> <p>(1) FUNNEL CAKE w/Fruit topping & Sausage Patties STAWBERRIES/BLUEBERRIES (2)CHICKEN NUGGETS with a Dinner Roll (3) Grilled Chicken GARDEN SALAD LAW ENFORCEMENT APPRECIATION</p> <p>TRY A CRAVEABLE LUNCH</p> | <p>5/15/2018</p> <p>ELECTION DAY SCHOOL CLOSED LAW ENFORCEMENT APPRECIATION</p> | <p>5/16/2018</p> <p>(1) GENERAL TSO CHICKEN OVER RICE (2)TOASTED CHEESE Sandwich STEAMED BROCCOLI TOMATO SOUP LAW ENFORCEMENT APPRECIATION</p> <p>TRY A CRAVEABLE LUNCH</p> | <p>5/17/2018</p> <p>(1)HAMBURGER/CHEESE On a Bun BEACH/PICNIC DAY! (2) HOT DOG On a Bun FRESH WATERMELON POTATO SALAD BAKED BEANS LAW ENFORCEMENT APPRECIATION</p> | <p>5/18/2018</p> <p>(1) NARDONE'S STUFFED CRUST PIZZA* (2)PEPPERONI ROLL* with Sauce Baby Carrots Cucumber Slices LAW ENFORCEMENT APPRECIATION</p> |
| <p>5/21/2018</p> <p>(1)POPCORN CHICKEN with a Dinner Roll (2)Mini Choc Chip French Toast w/Sausage Patties Steamed Corn LAW ENFORCEMENT APPRECIATION</p> <p>TRY A CRAVEABLE LUNCH</p> | <p>5/22/2018</p> <p>(1) CORN DOG ON A STICK (2) Nacho Grande Tortilla Chips (3)Build UR own Potato Bar Baked Potato CHEESY BROCCOLI LAW ENFORCEMENT APPRECIATION</p> | <p>5/23/2018</p> <p>(1)CHICKEN PATTIE On a Bun (2)HOT TURKEY MEAL On a Bun Mashed Potatoes LAW ENFORCEMENT APPRECIATION</p> <p>TRY A CRAVEABLE LUNCH</p> | <p>5/24/2018</p> <p>(1) MINI FLAVORED PANCAKES w/Sausage Patties (2)BowTie Pasta w/meatsauce Garlic Bread Stick Celery Sticks STEAMED CARROTS LAW ENFORCEMENT APPRECIATION</p> | <p>5/25/2018</p> <p>(1) MAC & CHEESE Bread Stick (2)PEPPERONI ROLL* with Sauce PETITE BABY CARROTS LAW ENFORCEMENT APPRECIATION</p> |
| <p>5/28/2018</p> <p>MEMORIAL DAY SCHOOL CLOSED</p> | <p>5/29/2018</p> <p>(1)Walking Taco Tortilla Chips (2)TACO PIZZA Celery Sticks Tomato & Onion Salsa LAW ENFORCEMENT APPRECIATION</p> | <p>5/30/2018</p> <p>(1)Hamburger on a Bun (2)Toasted Cheese Sandwich GREEN BEANS LAW ENFORCEMENT APPRECIATION</p> <p>TRY A CRAVEABLE LUNCH</p> | <p>5/31/2018</p> <p>(1) COOK'S CHOICE or (2) Chicken Nuggets with a Dinner Roll STEAMED BROCCOLI LAW ENFORCEMENT APPRECIATION</p> | <p>6/1/2018</p> <p>(1) CHICKEN PATTIE on a Bun (2)Cheesy Pizza with Sauce Steamed Carrots ENJOY THE SUMMER!</p> |