

# FEBRUARY 2018



## Bethel Park SCHOOL DISTRICT ELEMENTARY LUNCH MENU

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.  
**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**  
**Dark green** - spinach, broccoli, romaine and spring salad  
**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers

**Beans/Peas**  
Starchy - white potatoes, corn, and lima beans  
**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**  
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Daily Entree Options include:**

- Chicken Patty Sandwich
- Cheese Pizza (Mon. Tues. Wed.)
- Sunbutter & jelly with
- String Cheese & Goldfish crackers
- Grilled Chicken Salad w/ roll
- CRAVEABLE LUNCHES Great Lunch!**
- Fruit & Yogurt Lunch w/Goldfish, String Cheese, & 100% Juice Box
- Cubed Ham & Cheddar Cheese or
- Cubed Turkey & Cheddar Cheese w/Goldfish,
- Apple Slices &
- 100% Juice Box



Lunch Prices  
Student \$2.35/\$2.90\*Tier  
Reduced \$.40  
Adult \$3.60/\$3.80\*Tier

Joe Consolmagno GM  
412-854-8754

Make checks payable: BPSD CAFÉ FUND  
[consolmagno.joe@bphawks.org](mailto:consolmagno.joe@bphawks.org)  
[www.PayForIt.net](http://www.PayForIt.net) OnLine Payments

USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1/29/2018</b> (1) CRAVEABLE PIZZA* (Crust, Cheese, Sauce) (2) POPCORN CHICKEN with a Dinner Roll (3) Grilled Chicken NUGGETS <b>FRENCH FRIES</b> TRY A CRAVEABLE LUNCH	<b>1/30/2018</b> (1) CORN DOG ON A STICK (2) Nacho Grande Tortilla Chips (3) Build UR own Potato Bar Baked Potato Tomato & Onion Salsa <b>WHY PACK?</b> TRY A CRAVEABLE LUNCH	<b>1/31/2018</b> (1) FRENCH BREAD PIZZA (2) Chicken Nuggets with a Dinner Roll Buttered Noodles Cucumber Slices TRY A CRAVEABLE LUNCH	<b>2/1/2018</b> (1) MINI FLAVORED PANCAKES w/Sausage Patties (2) BowTie Pasta W/meatsauce Garlic Bread Stick Celery Sticks Carrot Sticks TRY A CRAVEABLE LUNCH	<b>2/2/2018</b> (1) MAC & CHEESE Bread Stick (2) PEPPERONI ROLL* Tomato Soup <b>TATER TOTS DAY</b> <b>GROUNDHOG DAY</b> TRY A CRAVEABLE LUNCH
<b>2/5/2018</b> (1) FRENCH TOAST STICKS w/Sausage Patties <b>PICNIC IN FEB!</b> (2) BURGER (3) HOT DOGGY <b>BAKED BEANS</b> TRY A CRAVEABLE LUNCH	<b>2/6/2018</b> (1) CHICKEN NUGGETS with a Dinner Roll (2) MINI MAPLE PANCAKES w/Sausage Patties (3) Grilled Chicken NUGGETS Celery Sticks Baby Carrots TRY A CRAVEABLE LUNCH	<b>2/7/2018</b> (1) CHEESY BREAD STICKS with Dipping Sauce (2) Toasted Cheese Sandwich (3) HOT DOG Baby Carrots Tomato Soup TRY A CRAVEABLE LUNCH	<b>2/8/2018</b> (1) CRAVEABLE PIZZA* (2) ITALIAN DUNKERS or (3) Nacho Grande Tortilla Chips Fresh Broccoli TRY A CRAVEABLE LUNCH	<b>2/9/2018</b> (1) NARDONE'S STUFFED CRUST PIZZA* (2) PEPPERONI ROLL* with Sauce Green Beans TRY A CRAVEABLE LUNCH
<b>2/12/2018</b> (1) Mini Choc Chip French Toast w/Sausage Patties (2) CHICKEN NUGGETS with a Dinner Roll (3) Grilled Chicken NUGGETS Cucumber Slices <b>FRENCH DELEGATION</b> <b>OLYMPIC WEEK!</b> TRY A CRAVEABLE LUNCH	<b>2/13/2018</b> (2) Nacho Grande Tortilla Chips (2) YOGURT & GRANOLA BAR Select your favorite "GRANOLA" (3) Grilled Chicken Salad w/ roll Celery Sticks Tomato & Onion Salsa <b>MEXICAN DELEGATION DAY</b> TRY A CRAVEABLE LUNCH	<b>2/14/2018</b> (1) FRENCH BREAD PIZZA HEARTZEL PRETZELS (2) GENERAL TSO CHICKEN OVER RICE CHINESE DELEGATION STEAMED BROCCOLI <b>HAPPY VALENTINE DAY</b> <b>ASH WEDNESDAY</b> TRY A CRAVEABLE LUNCH	<b>2/15/2018</b> (1) WAFFLES w/Sausage Patties (2) Penne Pasta & Meatballs Garlic Bread Stick (3) HAMBURGER BAKED BEANS <b>ITALIAN DELEGATION DAY</b> <b>AMERICAN DELEGATION</b> TRY A CRAVEABLE LUNCH	<b>2/16/2018</b> (1) MAC & CHEESE Bread Stick (2) PEPPERONI ROLL* with Sauce (3) FISH SANDWICH Steamed Corn <b>LENTEN FEATURED ITEMS</b> TRY A CRAVEABLE LUNCH
<b>2/19/2018</b> (1) FRENCH TOAST STICKS w/Sausage Patties (2) PANCAKE ON A STICK <b>TATER TOTS</b> <b>BREAKFAST FOR LUNCH</b> TRY A CRAVEABLE LUNCH	<b>2/20/2018</b> (1) CORN DOG ON A STICK (2) Nacho Grande Tortilla Chips (3) Build UR own Potato Bar Baked Potato Tomato & Onion Salsa <b>WHY PACK?</b> TRY A CRAVEABLE LUNCH	<b>2/21/2018</b> (1) FRENCH BREAD PIZZA (2) Chicken Nuggets with a Dinner Roll Buttered Noodles Cucumber Slices TRY A CRAVEABLE LUNCH	<b>2/22/2018</b> (1) MINI FLAVORED PANCAKES w/Sausage Patties (2) BowTie Pasta W/meatsauce Garlic Bread Stick Celery Sticks Baby Carrots TRY A CRAVEABLE LUNCH	<b>2/23/2018</b> (1) MAC & CHEESE Bread Stick (2) PEPPERONI ROLL* with Sauce <b>CHICKEN NOODLE SOUP</b> <b>LENTEN FEATURED ITEMS</b> TRY A CRAVEABLE LUNCH
<b>2/26/2018</b> (1) Mini Choc Chip French Toast <b>CHICKEN NUGGETS</b> with a Dinner Roll (3) Grilled Chicken NUGGETS Oven Fries <b>PARENT'S LOVE THEM!</b> TRY A CRAVEABLE LUNCH	<b>2/27/2018</b> (1) Walking Taco Tortilla Chips (2) YOGURT & GRANOLA BAR Select your favorite "GRANOLA" (3) Grilled Chicken Salad w/ roll Celery Sticks Tomato & Onion Salsa <b>WHY PACK?</b> TRY A CRAVEABLE LUNCH	<b>2/28/2018</b> (1) CHEESY BREAD STICKS with Dipping Sauce (2) Toasted Cheese Sandwich Green Beans Tomato Soup TRY A CRAVEABLE LUNCH	<b>3/1/2018</b> (1) WAFFLES w/Sausage Patties or (2) Penne Pasta & Meatballs Garlic Bread Stick Celery Sticks Spinach Salad TRY A CRAVEABLE LUNCH	<b>3/2/2018</b> (1) HOT DOG On a Bun (2) PEPPERONI ROLL* with Sauce Steamed Carrots Corn Salad <b>LENTEN FEATURED ITEMS</b> TRY A CRAVEABLE LUNCH