



Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/29/18	1/30/18	1/31/18	2/1/18	2/2/18
WG DONUT TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST SANDWICH TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST PIZZA TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	PANACKE ON A STICK TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	DUTCH WAFFLE TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
2/5/18	2/6/18	2/7/18	2/8/18	2/9/18
WG DONUT TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST SANDWICH TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST PIZZA TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	PANACKE ON A STICK TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	DUTCH WAFFLE TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
2/12/18	2/13/18	2/14/18	2/15/18	2/16/18
WG DONUT TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST SANDWICH TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST PIZZA TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	PANACKE ON A STICK TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	DUTCH WAFFLE TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
2/19/18	2/20/18	2/21/18	2/22/18	2/23/18
WG DONUT TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST SANDWICH TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST PIZZA TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	PANACKE ON A STICK TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	DUTCH WAFFLE TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
2/26/18	2/27/18	2/28/18	3/1/18	3/2/18
WG DONUT TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST SANDWICH TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST PIZZA TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	PANACKE ON A STICK TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	DUTCH WAFFLE TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
3/5/18	3/6/18	3/7/18	3/8/18	3/9/18
WG DONUT TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST SANDWICH TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	BREAKFAST PIZZA TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	PANACKE ON A STICK TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF	DUTCH WAFFLE TRIX YOGURT or ASSORTED CEREAL WITH MUFFIN LOAF
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

OTHER BREAKFAST OPTIONS

MAY INCLUDE:

- WG DONUTS**
- PANACKE ON A STICK**
- MINI LOAF**
- WG BAGEL**

BREAKFAST SANDWICH
DUTCH WAFFLE



What is a BREAKFAST?

You must choose at least 3 of the 4 components available for the schoolbreakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a 1/2 cup)

and
Choice of Milk
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable!

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apple, bananas, pear, orange
(1/2 cup MUST be taken w/meal)

WG Reduced Sugar Cereal

Selection May Include:

- Cinnamon Toast Crunch**
- Trix**
- Cocoa Puffs**
- Lucky Charms**
- Cheerios**



Student Paid Breakfast \$1.60

Student Reduced Breakfast \$0.30

Adult Breakfast \$2.10

PLEASE MAKE CHECKS PAYABLE TO BPSD.