

APRIL 2018



**Bethel Park SCHOOL DISTRICT
ELEMENTARY LUNCH MENU**

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options include:

Chicken Patty Sandwich
Cheese Pizza

Sunbutter & jelly with
String Cheese & Goldfish crackers
Grilled Chicken Salad w/ roll

CRAVEABLE LUNCHES Great Lunch!

Fruit & Yogurt Lunch w/Goldfish, String Cheese, & 100% Juice Box
Cubed Ham & Cheddar Cheese or
Cubed Turkey & Cheddar Cheese w/Goldfish,
Apple Slices &
100% Juice Box



Lunch Prices
Student \$2.35/\$2.90*Tier
Reduced \$.40
Adult \$3.60/\$3.80*Tier

Joe Consolmano GM
412-854-8754

Make checks payable: BPSD CAFÉ FUND
consolmano.joe@bphawks.org
www.PayForIt.net OnLine Payments

USDA is an equal opportunity provider and employer.

Monday 4/2/2018	Tuesday 4/3/2018	Wednesday 4/4/2018	Thursday 4/5/2018	Friday 4/6/2018
TAKE ME OUT TO THE BALLGAME (1)HAMBURGER OR CHEESE On a Bun (2)POPCORN CHICKEN Pretzel Stick (3) Grilled Chicken NUGGETS WAFFLE FRENCH FRIES TRY A CRAVEABLE LUNCH	TAKE ME OUT TO THE BALLGAME (1)MINI CORN DOGS (2) Nacho Grande(Beef/Chix) Two Soft Taco Shells/Chips BEN FRANKLIN STUDENT REQUEST SEASONED GREEN BEANS DON'T PACK?	TAKE ME OUT TO THE BALLGAME (1)STUFFED CRUST PIZZA* (2)DOUBLE PLAY Chicken Nuggets with a Dinner Roll MASHED POTATOES Cucumber Slices TRY A CRAVEABLE LUNCH	TAKE ME OUT TO THE BALLGAME (1) FUNNEL CAKE w/Fruit topping & Sausage Patties (2)Macaroni & Cheese Garlic Bread Stick HOME RUN Celery Sticks STEAMED CARROTS	TAKE ME OUT TO THE BALLGAME (1)BUFFALO CHICKEN FRIES BEN FRANKLIN STUDENT REQUEST (2)PEPPERONI ROLL* Tater Tot Baseballs
4/9/2018 (1)FRENCH TOAST STICKS w/Sausage PUCKS HOCKEY PUCKS or (2)HAMBURGER/CHEESE on ICEburg! SLAPSHOT CORN LET'S GO PENS! TRY A CRAVEABLE LUNCH	4/10/2018 (1)Chicken "FLYERS" NUGGETS (2)Walkin" MALKIN Taco Tortilla Chips IN THE CAFE ASPARAGUS Baked Hockey Puck POTATOES CHEESY BROCCOLI LET'S GO PENS! TRY A CRAVEABLE LUNCH	4/11/2018 (1)LASAGNA (NEW) with FACE OFF BREAD STICK (2) FRENCH BREAD PIZZA Slap shot Baked Beans LET'S GO PENS! TRY A CRAVEABLE LUNCH	4/12/2018 (1)Craveable "CROSBY" PIZZA* (2)"Maatta" PENNE Pasta w/meatsauce Hornqvist Break Stick "Face Off" CARROTS LET'S GO PENS! TRY A CRAVEABLE LUNCH	4/13/2018 (1)" Kessel" MAC & CHEESE with a Dinner Roll (2)PEPPERONI ROLL* with Sauce "Power Play" GREEN BEANS LET'S GO PENS!
4/16/2018 (1)CHEESE RAVIOLI (6)NEW Garlic Bread Stick (2)CHICKEN NUGGETS with a Dinner Roll (3) Grilled Chicken NUGGETS GARDEN SALAD TRY A CRAVEABLE LUNCH	4/17/2018 (1) Nacho Grande Tortilla Chips (2) YOGURT & GRANOLA BAR Select your favorite "GRANOLA" CHOCOLATE OR STRAWBERRY Celery Sticks Tomato & Onion Salsa TRY A CRAVEABLE LUNCH	4/18/2018 (1) GENERAL TSO CHICKEN OVER RICE (2)TOASTED CHEESE Sandwich STEAMED BROCCOLI TOMATO SOUP TRY A CRAVEABLE LUNCH	4/19/2018 (1) WAFFLES w/Sausage Patties (2)STUFFED CHEESE SHELLS Garlic Bread Stick SEASONED GREEN BEANS	4/20/2018 (1) NARDONE'S STUFFED CRUST PIZZA* (2)PEPPERONI ROLL* with Sauce Baby Carrots Cucumber Slices
4/23/2018 (1)POPCORN CHICKEN with a Dinner Roll (2)Mini Choc Chip French Toast w/Sausage Patties PETITE BABY CARROTS BREAKFAST FOR LUNCH TRY A CRAVEABLE LUNCH	4/24/2018 (1) CORN DOG ON A STICK (2) Nacho Grande Tortilla Chips (3)Build UR own Potato Bar Baked Potato CHEESY BROCCOLI DON'T PACK?	4/25/2018 (1)CHICKEN PATTIE On a Bun (2)Fish Sandwich On a Bun Tater Tots TRY A CRAVEABLE LUNCH	4/26/2018 (1) MINI FLAVORED PANCAKES w/Sausage Patties (2)BowTie Pasta w/meatsauce Garlic Bread Stick Celery Sticks STEAMED CARROTS	4/27/2018 (1) MAC & CHEESE Bread Stick (2)PEPPERONI ROLL* with Sauce CHICKEN NOODLE SOUP
4/30/2018 (1)Mini Choc Chip French Toast w/Sausage Patties (2)CHICKEN NUGGETS with a Dinner Roll (3) Grilled Chicken NUGGETS Oven Fries PARENT'S LOVE THEM! TRY A CRAVEABLE LUNCH	5/1/2018 (1)Walking Taco Tortilla Chips (2)TACO PIZZA Celery Sticks Tomato & Onion Salsa DON'T PACK?	5/2/2018 (1) CHEESY BREAD STICKS with Dipping Sauce (2)Toasted Cheese Sandwich Green Beans TOMATO SOUP TRY A CRAVEABLE LUNCH	5/3/2018 (1) WAFFLES w/Sausage Patties or (2)Penne Pasta & Meatballs Garlic Bread Stick STEAMED BROCCOLI	5/4/2018 (1) NARDONE'S STUFFED CRUST PIZZA* (2)PEPPERONI ROLL* with Sauce Baby Carrots